

## CURRICULUM VITAE

### Dr. Kah Heng LEE

**Specialist Occupational and Environmental Physician**

**FAFOEM (RACP), MBBS, BMedSc (hons), G. Dip Occ & Env Med**

## PERSONAL DETAILS

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## EMPLOYMENT HISTORY

### CURRENT

#### **May 2024 to current –**

Team Global Express – Chief Medical Officer

I oversee the medical concerns of Team Global Express, a logistics solutions company with over 8500 employees. I respond to queries and requests for reviews of medical cases and medical investigation results.

#### **2021 to current –**

Independent Medical Examiner.

I conduct independent medical examinations for fitness for duty assessments, insurance claims, impairment/disability assessments, and both plaintiff and defendant cases. My clients have included Federal Government bodies, ASX200 companies, law firms, and insurance companies.

#### **August 2021 to current –**

Monash University, Teaching Associate

I conduct tutorials for Third Year Medical Students at Monash University, covering the subject of Occupational and Environmental Medicine.

**April 2015 to current –**

ExxonMobil, Occupational and Environmental Medicine Doctor/Physician

ExxonMobil is a multinational petrochemicals and gas company, and is one of the largest company in the world by revenue. My primary worksites are at the Altona North oil refinery and at the Docklands corporate office. In addition to injury management, fitness-for-duty assessments, pre-employment medical examinations, mandatory medical assessments, corporate healthcare, and travel medicine consultations, I also provide on-call medical support to ExxonMobil oil and gas platforms offshore. Subsequently, I have taken courses such as Helicopter Underwater Escape Training and Sea Survival Training as well as obtained a Maritime Security Identification Card.

**January 2012 to current –**

Sonic HealthPlus, Occupational and Environmental Medicine Doctor/Physician

Sonic HealthPlus is a specialized Occupational and Environmental Medicine company, and is the largest of its kind in Australia. The work I have done here includes injury management, fitness-for-duty assessments, medicolegal report writing, pre-employment medical examinations, on-site medical services, work site assessments, health surveillance, and oversighting of paperwork.

During the course of my work here I have become well-versed in common musculoskeletal injuries, commercial driver's licensing standards, and WorkSafe claims and certification, as well as completed the requirements to be a Rail medical, InjuryNet, Australia Post, and Vanuatu Maritime medical provider. Sonic HealthPlus also engages many corporate clients, and I have had significant experience in the field as well as undergone training to be an executive health and wellness check provider. Other major clients of Sonic HealthPlus that I have had the pleasure of working with include those involved in warehousing, manufacturing, aeronautical engineering, logistics, cold storage, and more.

**PREVIOUS**

**May 2016 to January 2024 -**

Qenos Pty Ltd, Occupational and Environmental Medicine Doctor/Physician.

Qenos is an industrial plastic and resin manufacturer, and is the exclusive manufacturer of polyethylene in Australia. My primary worksite is at the Altona North facility. Similar to my other industrial positions, my role involves injury and illness management, fitness-for-duty assessments, pre-employment medical examinations, mandatory medical assessments, corporate healthcare, and travel medicine consultations. I have also produced and assisted in the production of

health and safety policies including the hearing conservation program and the drug and alcohol policy.

**November 2015 to February 2020 –**

Dow Chemical, Occupational and Environmental Medicine Doctor

Dow Chemical is a multinational industrial chemical manufacturer, and is the 2nd largest chemical company in the world. My primary worksites were at the Altona North facility and at the Melbourne corporate office. My role involved injury management, fitness-for-duty assessments, pre-employment medical examinations, mandatory medical assessments, corporate healthcare, and travel medicine consultations. My work there concluded when Dow Chemical Altona ceased operations.

## **OTHER POSITIONS**

**September 2023 to current -**

Victorian representative to AFOEM Federal Council

**June 2022 to current -**

Chair of the Regional Committee for AFOEM Victoria

**May 2022 to current -**

Peer reviewer for Cochrane Library

**2021 to 2022 -**

Member of the Regional Committee for AFOEM Victoria

## **EDUCATION**

### **SPECIALITY**

I am a Fellow of the Australasian Faculty of Occupational and Environmental Medicine (Royal Australasian College of Physicians).

### **QUALIFICATIONS**

I was conferred a **Bachelor of Medical Sciences (Honours)** by the *International Medical University* of Malaysia (IMU), for research exploring the possible role of the herb *Euphorbia hirta* in the treatment of arthritis.

I was conferred a **Bachelor of Medicine and Bachelor of Surgery** with the *University of Queensland*.

I completed a **Postgraduate Diploma of Occupational and Environmental Medicine** with *Monash University*.

I have WorkSafe Victoria Specialist Independent Medical Examination accreditation.

I have American Medical Association's Guides to the Evaluation of Permanent Impairment, Fourth Edition (AMA4) certification for core, upper extremity, and lower extremity impairment assessments.

I have impairment assessment accreditation for WorkSafe Victoria.

I have completed the training for the role of Medical Review Officer with the Australasian Medical Review Officers Association.

I have completed Offshore Energies UK (OEUK) offshore work medical assessor training.

## RESEARCH

**'The Effect of Water Extracts of *Euphorbia hirta* on Cartilage Degeneration in Arthritic Rats'**, 2006-2007, The International Medical University

Published in the *Malaysian Journal of Pathology*.

*Malaysian J Pathol* 2008; 30(2) : 95 – 102

[http://mjpath.org.my/2008.2/05\\_cartilage.pdf](http://mjpath.org.my/2008.2/05_cartilage.pdf)

**'The Efficacy of Earplugs at a Major Hazard Facility'**, 2019-2020, published in *Physical and Engineering Sciences in Medicine*.

Authors: Dr. Kah Heng Lee, Dr. Geza Benke, Dr. Dean McKenzie

<https://rdcu.be/cES28>

## SKILLS AND ATTRIBUTES

I am a primary English speaker, and in addition I also speak Cantonese and Malay.

The society I grew up in was highly multicultural, and I learned early the importance of tolerance and understanding, and in fact to even celebrate our similarities as well as our differences.

I am curious by nature, a fact that has served me well in this field as I am always eager to learn, and this in turn has increased my skill in being observant and allowed me to notice details that are minor and yet important when dealing with my patients.

I have experience working with and leading teams as well as planning and delegating.

I have extensive experience communicating and working with Return-to-Work Coordinators, Rehabilitation Providers, Insurance Case Managers, Human Resources teams, Allied Health professionals, and most importantly with patients and injured workers.